

YEAR	ACTIVITY	CHAMPION	RUNNER-UP	CHAMPION COACH	INDIVIDUAL
1995	Football	Gross Catholic	Ralston	Jerry Shank	
1996	Football	Gross Catholic	South Sioux City	Jerry Shank	
1997	Football	South Sioux City	Thomas Jefferson	Dave Kuhl	
1998	Football	Gross & AL		Jerry Shank &	
1999	Football	Roncalli Catholic	Beatrice		
2000	Football	Beatrice			
<b>2001-06</b>	<b>Football</b>	<b>Discontinued</b>			
2007	Football	Beatrice		Bob Sexton	Coach's Award
2008	Football	Beatrice		Bob Sexton	State Runner-up
2009	Football	Skutt Catholic		Matt Turman	State Runner-up
2010	Football	Beatrice		Bob Sexton	
2011	Football	Ralston/Roncalli		Tyler Zahn/Mike Berens	
1993	Girl's XC	Ralston	South Sioux City	Chuck Wallerstedt	Michelle Patterson - Ralston
1994	Girl's XC	South Sioux City	Ralston	Steve Shadle	Leesa Bahr - SSC
1995	Girl's XC	South Sioux City	Ralston	Steve Shadle	Mary Livengood - Ron./Duch.
1996	Girl's XC	Roncalli/Duchesne	Ralston		Mary Livengood - Ron./Duch.
1997	Girl's XC	South Sioux City	Ralston	Steve Shadle	Anne Shadle 9 - SSC
1998	Girl's XC	South Sioux City	Ralston	Steve Shadle	Anne Shadle 10 - SSC
1999	Girl's XC	South Sioux City	Ralston	Steve Shadle	Anne Shadle 11 - SSC
2000	Girl's XC	Skutt Catholic	South Sioux City	Steve Doughty	Anne Shadle 12 - SSC
2001	Girl's XC	Skutt Catholic	Duchesne	Chuck Cooper	Katie Kolega - SC
2002	Girl's XC	Skutt Catholic	Duchesne	Chuck Cooper	Angela Kampschneider - SC
2003	Girl's XC	Skutt Catholic	Duchesne	Chuck Cooper	Katelyn Talcott 12 - SC
2004	Girl's XC	Skutt Catholic	Beatrice	Chuck Cooper	Jordyn Giddings 9 - Ralston
2005	Girl's XC	Skutt Catholic	Duchesne	Chuck Cooper	Jordyn Giddings 10 - Ralston
2006	Girl's XC	Duchesne Academy	Skutt Catholic	Dan Haske	Lizzie Kolbo 10 - Gross Cath.
2007	Girl's XC	Beatrice	Duchesne Academy	Jeff Junker	Taylor Garton 9 - Beatrice
2008	Girl's XC	Skutt Catholic	Beatrice	Steve Schumacher	Lizzie Kolbo 12 - Gross Cath.
2009	Girl's XC	Skutt Catholic	Duchesne Academy	Steve Schumacher	Anna Heffron 12 - Skutt Catholic
2010	Girl's XC	Skutt Catholic	Duchesne Academy	Steve Schumacher	Rachel Platz 12 - Skutt Catholic
2011	Girl's XC	Duchesne Academy	Skutt Catholic	Dan Haske	Hannah Ramsgard 10 Roncalli/Brow



2010	Softball Season	Skutt Catholic	Beatrice	Keith Engelkamp	
2011	Softball Season	Ralston	Skutt Catholic	Mike Smith	
1994	Softball Tournament	Gross Catholic	Ralston	Fr. Mike Quinn	
1995	Softball Tournament	Ralston	Skutt Catholic	Craig Comiskey	
1996	Softball Tournament	Ralston	Gross Catholic	Craig Comiskey	
1997	Softball Tournament	Gross Catholic	Ralston	Ed Lahotak	
1998	Softball Tournament	Ralston	Gross Catholic	Nancy Chalupa	
1999	Softball Tournament	Ralston	Skutt Catholic	Nancy Chalupa	
2000	Softball Tournament	Gross Catholic	Ralston		
2001	Softball Tournament	Beatrice		Robin Schainost	
2002	Softball Tournament	<b>RAINED OUT</b>	<b>RAINED OUT</b>	<b>RAINED OUT</b>	
2003	Softball Tournament	Ralston		Mike Barada-Don Vos	
2004	Softball Tournament	Beatrice	Gross Catholic	Jodi DeBoer	
2005	Softball Tournament	Ralston	Beatrice	Mike Barada-Don Vos	
2006	Softball Tournament	Beatrice	Ralston	Dennis Dodge	
2007	Softball Tournament	Ralston	Gross Catholic	Mike Smith	
2008	Softball Tournament	Ralston	Gross Catholic	Mike Smith	
2009	Softball Tournament	Beatrice	Skutt Catholic	Dennis Dodge	
2010	Softball Tournament	Beatrice	Ralston	Dennis Dodge	
2011	Softball Tournament	Skutt Catholic	Beatrice	Keith Engelkamp	
1995	Girl's Golf Season	South Sioux City	Gross Catholic	Jim Martin	
1996	Girl's Golf Season	Skutt Catholic	South Sioux City		
1997	Girl's Golf Season	South Sioux City	Skutt Catholic	Jim Martin	
1998	Girl's Golf Season	Abraham Lincoln			
1999	Girl's Golf Season	Beatrice			
2000	Girl's Golf Season	Beatrice			
2001	Girl's Golf Season	South Sioux City		Ed Akins	
2002	Girl's Golf Season	Duchesne		John Moran	
2003	Girl's Golf Season	Beatrice		Darrel Hoffman	
2004	Girl's Golf Season	Beatrice		Darrel Hoffman	
2005	Girl's Golf Season	Beatrice		Darrel Hoffman	
2006	Girl's Golf Season	Skutt Catholic	Beatrice	Dave Schweitzer	
2007	<b>Girl's Golf Season</b>	<b>DISCONTINUED</b>			

	ACTIVITY	CHAMPION	RUNNER-UP	CHAMPION COACH	INDIVIDUAL
1993	Girl's Golf Tournament	South Sioux City	Ralston	Jim Martin	Alicia Hughes - AL
1994	Girl's Golf Tournament	South Sioux City - 384	Ralston	Jim Martin	Jennifer Jividen - SSC - 87
1995	Girl's Golf Tournament	Abraham Lincoln - 418	Gross Catholic		Jenny VanBibber-AL - 86
1996	Girl's Golf Tournament	Skutt Catholic - 394	South Sioux City	Bob Brousek	Jenny VanBibber-AL - 85
1997	Girl's Golf Tournament	South Sioux City - 361	Skutt Catholic	Jim Martin	Becky Burkett - SSC 81
1998	Girl's Golf Tournament	Beatrice	Skutt Catholic	Darrel Hoffman	Anne Gloor - Beatrice - 83
1999	Girl's Golf Tournament	Beatrice	Skutt Catholic	Darrel Hoffman	Jessie Morris - Beatrice - 79
2000	Girl's Golf Tournament	South Sioux City	Beatrice		Ashley Robinette - SSC
2001	Girl's Golf Tournament	South Sioux City	Beatrice	Ed Akins	Amy Robinette SSC
2002	Girl's Golf Tournament	South Sioux City	Duchesne	Ed Akins	Amy Robinette - SSC
2003	Girl's Golf Tournament	Beatrice	Duchesne	Darrel Hoffman	Ashley Robinette - SSC
2004	Girl's Golf Tournament	Beatrice	South Sioux City	Darrel Hoffman	Katie Gloor - Beatrice - 81
2005	Girl's Golf Tournament	Beatrice	Skutt Catholic	Darrel Hoffman	Katie Gloor - Beatrice - 80
2006	Girl's Golf Tournament	Beatrice	Skutt Catholic	Darrel Hoffman	Becca Pollock - Skutt Catholic 12
2007	Girl's Golf Tournament	Beatrice	Skutt Catholic	Darrel Hoffman	Betsy Havekost - Beatrice11
2008	Girl's Golf Tournament	Beatrice	Skutt Catholic	Darrel Hoffman	Betsy Havekost - Beatrice12
2009	Girl's Golf Tournament	Skutt Catholic	Beatrice	Dave Schweitzer	Alexis Kaiser - Skutt Catholic 11
2010	Girl's Golf Tournament	Skutt Catholic	Beatrice	Dan Richter	Alexis Kaiser - Skutt Catholic 12
2011	Girl's Golf Tournament	Beatrice - 371	Ralston	Darrel Hoffman	Hannah Kunzman-Beatrice 86
1995	Boy's Tennis Season	Ralston	Abraham Lincoln	Dale Kinney	
1996	Boy's Tennis Season	Ralston	South Sioux City	Dale Kinney	
1997	Boy's Tennis Season	Ralston	South Sioux City	Dale Kinney	
1998	Boy's Tennis Season	Ralston	South Sioux City	Dale Kinney	
1999	Boy's Tennis Season	Ralston	South Sioux City	Dale Kinney	
2000	Boy's Tennis Season	Skutt Catholic			
2001	Boy's Tennis Season	Gross Catholic		Noel Hoig	
2002	Boy's Tennis Season	Gross Catholic		Noel Hoig	
2003	Boy's Tennis Season	Beatrice		Ben Essam	
2004	Boy's Tennis Season	Beatrice		Ben Essam	
2005	Boy's Tennis Season	Beatrice		Ben Essam	
2006	Boy's Tennis Season	Skutt Catholic		Sheryl Vaughn	
<b>2007-08</b>	<b>Boy's Tennis Season</b>	<b>Discontinued</b>			
1993	Boy's Tennis Tourney	Ralston	Abraham Lincoln	Dale Kinney	
1994	Boy's Tennis Tourney	Abraham Lincoln	Ralston	Tom Higgins	

1995	Boy's Tennis Tourney	Ralston	Abraham Lincoln	Dale Kinney	
1996	Boy's Tennis Tourney	Ralston	South Sioux City	Dale Kinney	
1997	Boy's Tennis Tourney	Ralston	Roncalli	Dale Kinney	
1998	Boy's Tennis Tourney	South Sioux City	Skutt Catholic	John Schmidt	
1999	Boy's Tennis Tourney	Abraham Lincoln-34	Ralston-33	Paul Bullock	
2000	Boy's Tennis Tourney	Skutt Catholic	SSC & Gross Catholic	Ric Benzel	
2001	Boy's Tennis Tourney	Ralston	Gross Catholic	Dale Kinney	
2002	Boy's Tennis Tourney	Ralston	Beatrice	Dale Kinney	
2003	Boy's Tennis Tourney	Beatrice	Skutt Catholic	Ben Essam	
2004	Boy's Tennis Tourney	Skutt Catholic	Beatrice	Sheryl Vaughn	
2005	Boy's Tennis Tourney	Beatrice - 27	Ralston	Ben Essam	
2006	Boy's Tennis Tourney	Skutt Catholic	Gross Catholic	Sheryl Vaughn	
2007	Boy's Tennis Tourney	Skutt Catholic - 23	Gross Catholic	Sheryl Vaughn	
2008	Boy's Tennis Tourney	Skutt Catholic	Beatrice	Sheryl Vaughn	
2009	Boy's Tennis Tourney	Skutt Catholic	Gross Catholic	Sheryl Vaughn	
2010	Boy's Tennis Tourney	Skutt Catholic - 26	Ralston	Sheryl Vaughn	
2011	Boy's Tennis Tourney	Skutt Catholic - 28	South Sioux City	Sheryl Vaughn	
1994	Volleyball Season	Abraham Lincoln	Gross Catholic	Chuck May	
1995	Volleyball Season	Gross Cath. & AL		Yvonne Carson - Chuck May	
1996	Volleyball Season	Abraham Lincoln	Gross Catholic	Chuck May	
1997	Volleyball Season	Gross Catholic	Abraham Lincoln	Yvonne Carson	
1998	Volleyball Season	Gross Catholic	Beatrice	Yvonne Carson	
1999	Volleyball Season	Beatrice/SC/Gross			
2000	Volleyball Season	Beatrice		Vicki Coleman	
2001	Volleyball Season	Beatrice		Vicki Coleman	
2002	Volleyball Season	Gross Catholic		Yvonne Carson	
2003	Volleyball Season	Gross Catholic		Yvonne Carson	
2004	Volleyball Season	Beatrice/Gross/Ralston		Coleman/Carson/Scott	
2005	Volleyball Season	Gross Catholic		Korinne Schuster	
2006	Volleyball Season	Gross Catholic	Beatrice	Korinne Schuster	
2007	Volleyball Season	Gross Catholic	Skutt Catholic	Korinne Schuster	
2008	Volleyball Season	Gross Catholic	Skutt Catholic	Korinne Schuster	
2009	Volleyball Season	Gross Catholic	Skutt Catholic	Korinne Schuster	
2010	Volleyball Season	Gross Catholic	Skutt Catholic	Korinne Schuster	
2011	Volleyball Season	Gross Catholic	Skutt Catholic	Kelly Goc	

1994	Volleyball Tournament	Abraham Lincoln	Gross Catholic	Chuck May	
1995	Volleyball Tournament	Abraham Lincoln	Thomas Jefferson	Chuck May	
1996	Volleyball Tournament	Gross Catholic	Abraham Lincoln	Yvonne Carson	
1997	Volleyball Tournament	Abraham Lincoln	Gross Catholic	Chuck May	
1998	Volleyball Tournament	Gross Catholic	Abraham Lincoln	Yvonne Carson	
1999	Volleyball Tournament	Gross Catholic	Beatrice	Yvonne Carson	
2000	Volleyball Tournament	Beatrice	Gross Catholic	Vicki Coleman	
2001	Volleyball Tournament	Beatrice		Vicki Coleman	
2002	Volleyball Tournament	Beatrice	Gross Catholic	Vicki Coleman	
2003	Volleyball Tournament	Beatrice		Vicki Coleman	
2004	Volleyball Tournament	Gross Catholic		Yvonne Carson	
2005	Volleyball Tournament	Gross Catholic	Skutt Catholic	Korinne Schuster	
2006	Volleyball Tournament	Gross Catholic	Skutt Catholic	Korinne Schuster	
2007	Volleyball Tournament	Skutt Catholic	Gross Catholic	Ryan Blodgett	
2008	Volleyball Tournament	Gross Catholic	Skutt Catholic	Korinne Schuster	
2009	Volleyball Tournament	Gross Catholic	Skutt Catholic	Korinne Schuster	
2010	Volleyball Tournament	Gross Catholic	Skutt Catholic	Korinne Schuster	
2011	Volleyball Tournament	Skutt Catholic	Gross Catholic	Renee Saunders	
<b>YEAR</b>	<b>ACTIVITY</b>	<b>CHAMPION</b>	<b>RUNNER-UP</b>	<b>CHAMPION COACH</b>	<b>INDIVIDUAL</b>
1995-96	One Act Play	Ralston	South Sioux City		
1996-97	One Act Play	Skutt Catholic	South Sioux City		
1997-98	One Act Play	Ralston	Skutt Catholic	Todd Uhrmacher	
1998-99	One Act Play	Ralston	South Sioux City		
1999-00	One Act Play	South Sioux City			
2000-01	One Act Play				
2001-02	One Act Play	Ralston		Todd Uhrmacher	
2002-03	One Act Play	South Sioux City		Ron Foxhoven	
2003-04	One Act Play	South Sioux City		Ron Foxhoven	
2004-05	One Act Play	South Sioux City	Skutt Catholic	Ron Foxhoven	
2005-06	One Act Play	South Sioux City	Ralston	Ron Foxhoven	
2006-07	One Act Play	Skutt Catholic		Mark Schnitzler	
2007-08	One Act Play	Skutt Catholic	South Sioux City	Mark Schnitzler	
2008-09	One Act Play	Skutt Catholic		Mark Schnitzler	
2009-10	One Act Play	<b>Discontinued</b>			
1995-96	Boy's BKB Season	Ralston	Gross Catholic	Terry Lantz	

1996-97	Boy's BKB Season	Ralston	Gross Catholic	Terry Lantz	
1997-98	Boy's BKB Season	Roncalli	Gross Catholic	Jim Meister	
1998-99	Boy's BKB Season	AL & Gross Cath.	Bruce Chubik & Mike Dempsey		
1999-00	Boy's BKB Season	Abraham Lincoln		Bruce Chubik	
2000-01	Boy's BKB Season	Beatrice		Jim Weeks	
2001-02	Boy's BKB Season	Beatrice		Jim Weeks	
2002-03	Boy's BKB Season	Beatrice		Jim Weeks	
2003-04	Boy's BKB Season	Beatrice		Jim Weeks	
2004-05	Boy's BKB Season	Beatrice		Jim Weeks	
2005-06	Boy's BKB Season	Beatrice		Jim Weeks	
2006-07	Boy's BKB Season	Skutt Catholic	Beatrice	Jon Burt	Won State
2007-08	Boy's BKB Season	Skutt Catholic	Beatrice	Jon Burt	
2008-09	Boy's BKB Season	Ralston	Beatrice	Bill Heard	Won State
2009-10	Boy's BKB Season	Skutt Catholic	Beatrice-Ralston-SSC	Jon Burt	2nd state
2010-11	Boy's BKB Season	South Sioux City	Roncalli Catholic	Terry Comstock	
2011-12	Boy's BKB Season				
1995-96	Boy's BKB Tourney	Ralston	Gross Catholic	Terry Lantz	
1996-97	Boy's BKB Tourney	Ralston	Gross Catholic	Terry Lantz	
1997-98	Boy's BKB Tourney	Gross Catholic	Roncalli Catholic	Mike Dempsey	
1998-99	Boy's BKB Tourney	Beatrice	Gross Catholic	Jim Weeks	
1999-00	Boy's BKB Tourney	Abraham Lincoln		Bruce Chubik	
2000-01	Boy's BKB Tourney	Ralston	Beatrice	Terry Lantz	
2001-02	Boy's BKB Tourney	Beatrice		Jim Weeks	
2002-03	Boy's BKB Tourney	Beatrice 60-46	Gross Catholic	Jim Weeks	
2003-04	Boy's BKB Tourney	Ralston		Bill Heard	
2004-05	Boy's BKB Tourney	Beatrice	Gross Catholic	Jim Weeks	
2005-06	Boy's BKB Tourney	Skutt Catholic	Beatrice	Jon Burt	
2006-07	Boy's BKB Tourney	Skutt Catholic	Beatrice	Jon Burt	
2007-08	Boy's BKB Tourney	Ralston	Beatrice	Bill Heard	
2008-09	Boy's BKB Tourney	Ralston	Beatrice	Bill Heard	
2009-10	Boy's BKB Tourney	Skutt Catholic 59-49	South Sioux City	Jon Burt	
2010-11	Boy's BKB Tourney	South Sioux City 84-59	Roncalli Catholic	Terry Comstock	
2011-12	Boy's BKB Tourney				
<b>YEAR</b>	<b>ACTIVITY</b>	<b>CHAMPION</b>	<b>RUNNER-UP</b>	<b>CHAMPION COACH</b>	<b>INDIVIDUAL</b>
1995-96	Girl's BKB Season	South Sioux City	Abraham Lincoln	Kelly Flynn	

1996-97	Girl's BKB Season	South Sioux City	Abraham Lincoln	Kelly Flynn	
1997-98	Girl's BKB Season	South Sioux City	Roncalli	Kelly Flynn	
1998-99	Girl's BKB Season	South Sioux City		Kelly Flynn	
1999-00	Girl's BKB Season	South Sioux City		Kelly Flynn	
2000-01	Girl's BKB Season	South Sioux City		Kelly Flynn	
2001-02	Girl's BKB Season	South Sioux City		Kelly Flynn	
2002-03	Girl's BKB Season	South Sioux City		Kelly Flynn	
2003-04	Girl's BKB Season	South Sioux City		Kelly Flynn	
2004-05	Girl's BKB Season	South Sioux City		Kelly Flynn	
2005-06	Girl's BKB Season	South Sioux City		Kelly Flynn	
2006-07	Girl's BKB Season	South Sioux City		Kelly Flynn	
2007-08	Girl's BKB Season	South Sioux City	Skutt Catholic	Kelly Flynn	
2008-09	Girl's BKB Season	South Sioux City	Gross Catholic	Kelly Flynn	
2009-10	Girl's BKB Season	South Sioux City	Skutt Catholic	Kelly Flynn	
2010-11	Girl's BKB Season	Beatrice	Skutt Catholic	Ryan Luke	
2011-12	Girl's BKB Season				
1995-06	Girl's BKB Tourney	South Sioux City	Abraham Lincoln	Kelly Flynn	
1996-97	Girl's BKB Tourney	South Sioux City	Roncalli	Kelly Flynn	
1997-98	Girl's BKB Tourney	South Sioux City 88-47	Skutt Catholic	Kelly Flynn	
1998-99	Girl's BKB Tourney	South Sioux City		Kelly Flynn	
1999-00	Girl's BKB Tourney	South Sioux City		Kelly Flynn	
2000-01	Girl's BKB Tourney	South Sioux City	Beatrice	Kelly Flynn	
2001-02	Girl's BKB Tourney	South Sioux City		Kelly Flynn	
2002-03	Girl's BKB Tourney	South Sioux City 79-47	Skutt Catholic	Kelly Flynn	
2003-04	Girl's BKB Tourney	South Sioux City	Skutt Catholic	Kelly Flynn	
2004-05	Girl's BKB Tourney	South Sioux City	Beatrice	Kelly Flynn	
2005-06	Girl's BKB Tourney	South Sioux City	Beatrice	Kelly Flynn	
2007	Girl's BKB Tourney	South Sioux City		Kelly Flynn	
2008	Girl's BKB Tourney	South Sioux City	Gross Catholic	Kelly Flynn	
2009	Girl's BKB Tourney	South Sioux City	Skutt Catholic	Kelly Flynn	
2010	Girl's BKB Tourney	Skutt Catholic 56-46	Beatrice	Marty Plum	
2011	Girl's BKB Tourney	South Sioux City 65-54	Beatrice	Kelly Flynn	
2012					
<b>1995-96</b>	<b>Wrestling Season</b>	<b>Gross</b>	<b>Ralston</b>		
<b>1996-97</b>	<b>Wrestling Season</b>	<b>Gross</b>	<b>Ralston</b>		

<b>1997-98</b>	<b>Wrestling Season</b>	<b>Skutt Catholic</b>	<b>Gross</b>	<b>Brad Hildebrandt</b>	
<b>1998-99</b>	<b>Wrestling Season</b>	<b>Skutt Catholic</b>		<b>Brad Hildebrandt</b>	
<b>1999-00</b>	<b>Wrestling Season</b>	<b>Skutt Catholic</b>		<b>Brad Hildebrandt</b>	
<b>1995-06</b>	<b>Wrestling Tournament</b>	<b>Gross Catholic</b>	<b>Ralston</b>		
<b>1996-97</b>	<b>Wrestling Tournament</b>	<b>Gross Catholic</b>	<b>Ralston</b>		
<b>1997-98</b>	<b>Wrestling Tournament</b>	<b>Skutt Catholic</b>	<b>Gross Catholic</b>	<b>Brad Hildebrandt</b>	
<b>1998-99</b>	<b>Wrestling Tournament</b>	<b>Skutt Catholic</b>		<b>Brad Hildebrandt</b>	
<b>1999-00</b>	<b>Wrestling Tournament</b>	<b>Skutt Catholic</b>		<b>Brad Hildebrandt</b>	
<b>YEAR</b>	<b>ACTIVITY</b>	<b>CHAMPION</b>	<b>RUNNER-UP</b>	<b>CHAMPION COACH</b>	<b>INDIVIDUAL</b>
<b>2000-01</b>	<b>Wrestling Tournament</b>	<b>Skutt Catholic</b>	<b>Gross Catholic</b>	<b>Brad Hildebrandt</b>	
<b>2001-02</b>	<b>Wrestling Tournament</b>	<b>Skutt Catholic</b>		<b>Brad Hildebrandt</b>	
<b>2002-03</b>	<b>Wrestling Tournament</b>	<b>Skutt Catholic</b>		<b>Brad Hildebrandt</b>	
<b>2003-04</b>	<b>Wrestling Tournament</b>	<b>Skutt Catholic</b>		<b>Brad Hildebrandt</b>	
2000-01	Wrestling Duals	Skutt Catholic	Gross Catholic	Brad Hildebrandt	
2001-02	Wrestling Duals	Skutt Catholic		Brad Hildebrandt	
2002-03	Wrestling Duals	Skutt Catholic		Brad Hildebrandt	
2003-04	Wrestling Duals	Skutt Catholic		Brad Hildebrandt	
2004-05	Wrestling Duals	Skutt Catholic		Brad Hildebrandt	
2005-06	Wrestling Duals	Skutt Catholic	Ralston	Brad Hildebrandt	
2006-07	Wrestling Duals	Skutt Catholic		Brad Hildebrandt	
2007-08	Wrestling Duals	Skutt Catholic		Brad Hildebrandt	
2008-09	Wrestling Duals	Skutt Catholic	Beatrice	Brad Hildebrandt	
2010	Wrestling Duals	Skutt Catholic	Beatrice	Brad Hildebrandt	
2011	Wrestling Duals	Skutt Catholic	Beatrice	Brad Hildebrandt	
2012	Wrestling Duals				
<b>1995-96</b>	<b>Boy's Swim Season</b>	<b>Ralston</b>			
<b>1996-97</b>	<b>Boy's Swim Season</b>	<b>Ralston</b>			
<b>1997-98</b>	<b>Boy's Swim Season</b>	<b>South Sioux City</b>		<b>Dan Patterson</b>	
<b>1998-99</b>	<b>Boy's Swim Season</b>	<b>South Sioux City</b>			
<b>1999-00</b>	<b>Boy's Swim Season</b>	<b>South Sioux City</b>			

1994	Boy's Swimming	Ralston	South Sioux City	Larry Hill	
1995	Boy's Swimming	South Sioux City	Ralston	Dan Patterson	
1996	Boy's Swimming	South Sioux City	Ralston	Dan Patterson	
1997	Boy's Swimming	Ralston	South Sioux City		
1998	Boy's Swimming	South Sioux City	Ralston	Dan Patterson	
1999	Boy's Swimming	South Sioux City			
2000	Boy's Swimming	South Sioux City			
2001	Boy's Swimming	Ralston	Beatrice	Docker Hartfield	
2002	Boy's Swimming				
2003	Boy's Swimming	Ralston		Docker Hartfield	
2004	Boy's Swimming	Ralston/Gross		Docker Hartfield	
2005	Boy's Swimming	Ralston/Gross		Docker Hartfield	
2006	Boy's Swimming	Ralston/Gross		Docker Hartfield	
2007	Boy's Swimming	Ralston/Gross		Docker Hartfield	
2008	Boy's Swimming	Ralston/Gross	Beatrice	Docker Hartfield	
2009	Boy's Swimming	Ralston/Gross	Beatrice	Docker Hartfield	
2010	Boy's Swimming	Ralston/Gross	Beatrice	Docker Hartfield	
2011	Boy's Swimming	Ralston/Gross	Skutt Catholic/Mt. Michael	Docker Hartfield	
2012	Boy's Swimming				
<b>YEAR</b>	<b>ACTIVITY</b>	<b>CHAMPION</b>	<b>RUNNER-UP</b>	<b>CHAMPION COACH</b>	<b>INDIVIDUAL</b>
1995-96	Girl's Swim Season	South Sioux City		Dan Patterson	
1996-97	Girl's Swim Season	South Sioux City		Dan Patterson	
1997-98	Girl's Swim Season	South Sioux City		Dan Patterson	
1998-99	Girl's Swim Season	South Sioux City		Dan Patterson	
1999-00	Girl's Swim Season	South Sioux City			
1993-94	Girl's Swimming	Ralston	South Sioux City	Larry Hill	
1994-95	Girl's Swimming	South Sioux City	Ralston	Dan Patterson	
1995-96	Girl's Swimming	South Sioux City	Ralston	Dan Patterson	
1996-97	Girl's Swimming	South Sioux City	Abraham Lincoln	Dan Patterson	
1997-98	Girl's Swimming	South Sioux City	Abraham Lincoln	Dan Patterson	
1998-99	Girl's Swimming	South Sioux City			
1999-00	Girl's Swimming	South Sioux City			
2000-01	Girl's Swimming	SSC & Ralston			
2001-02	Girl's Swimming	Duchesne		Dan Haske	
2002-03	Girl's Swimming	Beatrice		Sandi Hoffman	

2003-04	Girl's Swimming	Ralston/Gross		Docker Hartfield	
2004-05	Girl's Swimming	Ralston/Gross		Docker Hartfield	
2005-06	Girl's Swimming	Ralston/Gross	Duchesne	Docker Hartfield	
2006-07	Girl's Swimming	Duchesne		Dan Haske	
2008	Girl's Swimming	Duchesne	Ralston/Gross	Dan Haske	
2009	Girl's Swimming	Duchesne	Ralston/Gross	Dan Haske	
2010	Girl's Swimming	Duchesne	Ralston/Gross	Dan Haske	
2011	Girl's Swimming	Ralston/Gross	Skutt Catholic	Docker Hartfield	
2012	Girl's Swimming				
1995-96	Speech	Gross Catholic	Skutt Catholic		
1996-97	Speech	Gross Catholic	Skutt Catholic		
1997-98	Speech	Gross Catholic	Skutt Catholic	Jennifer Jerome	
1998-99	Speech	Beatrice	Gross Catholic		
1999-00	Speech	Gross Catholic	Beatrice		
2000-01	Speech	Gross Catholic	Beatrice		
2001-02	Speech	Skutt Catholic		Sandy Peterson	
2002-03	Speech	Skutt Catholic		Sandy Peterson	
2003-04	Speech	<b>Cancelled</b>	<b>Cancelled</b>	<b>Cancelled</b>	
2004-05	Speech	Roncalli Catholic		Theresa Huttmann	
2005-06	Speech	Skutt Catholic	South Sioux City	Tom Cosenza	
2006-07	Speech	Skutt Catholic	Roncalli Catholic	Tom Cosenza	
2007-08	Speech	Skutt Catholic	Beatrice	Tom Cosenza	
2009	Speech	Skutt Catholic	Beatrice	Tom Cosenza	
2010	Speech	Beatrice	Skutt Catholic	Ed Ankrom	
2011	Speech	Skutt Catholic		Matt Eledge	
2012	Speech				
<b>YEAR</b>	<b>ACTIVITY</b>	<b>CHAMPION</b>	<b>RUNNER-UP</b>	<b>CHAMPION COACH</b>	<b>INDIVIDUAL</b>
1996-97	Academic Challenge	Thomas Jefferson	Ralston		
1997-98	Academic Challenge	Thomas Jefferson	Gross Catholic	Virginia Cantrell	
1998-99	Academic Challenge	Thomas Jefferson	Ralston		
1999-00	Academic Challenge	Gross Catholic			
2000-01	Academic Challenge	Ralston	Gross Catholic		
2001-02	Academic Challenge				
2002-03	Academic Challenge	Skutt Catholic	Gross Catholic	Mark Schnitzler	
2003-04	Academic Challenge	Skutt Catholic		Mark Schnitzler	

		Gross Catholic		Teresa Dorwart	
2004-05	Academic Challenge	Gross Catholic	Duchesne Academy	Teresa Dorwart	
2005-06	Academic Challenge	Duchesne Academy	Gross Catholic	Eric Krakowski	
2006-07	Academic Challenge	Gross Catholic	Ralston	Teresa Dorwart	
2008	Academic Challenge	Duchesne Academy	Gross Catholic	Eric Krakowski	
2009	Academic Challenge	Gross Catholic	Duchesne Academy	Teresa Dorwart	
2010	Academic Challenge	Duchesne Academy	Ralston	Eric Krakowski	
2011	Academic Challenge				
2012	Academic Challenge				
1994-95	Cheerleading-Stunt	Ralston	Abraham Lincoln		
1995-96	Cheerleading-Stunt	Ralston	Abraham Lincoln		
1996-97	Cheerleading-Stunt	Thomas Jefferson	Gross Catholic		
1997-98	Cheerleading - GB	Ralston	Gross Catholic	Mary Devine	
	Cheer - Stunt	Ralston	Skutt Catholic	Mary Devine	
1998-99	Cheerleading-GB	Ralston			
	Cheer - Stunt	Ralston	Thomas Jefferson		
1999-00	Cheerleading-Stunt	Abraham Lincoln			
	Cheer - GB	Thomas Jefferson			
2000-01	Cheerleading-GB	Gross Catholic	Beatrice		
	Cheer - Stunt	Ralston	Skutt Catholic		
2001-02	Cheerleading - GB	Beatrice		Sherri Fehlman	
	Cheer - Stunt	Ralston		Laura Ahl	
2002-03	Cheerleading	Gross Catholic		Michele Sweetmon	
2003-04	Cheerleading	Skutt Catholic		Erica Walker-Arnold	
2004-05	Cheerleading	Ralston		Laura Ahl	
2005-06	Cheerleading	Ralston		Laura Ahl	
2006-07	Cheerleading	<b>No competition</b>			
2007-08	Cheerleading	<b>No competition</b>			
2008-09	Cheerleading	<b>No competition</b>			
2009-10	Cheerleading	<b>No competition</b>			
1994-95	Dance	Ralston	Thomas Jefferson		
1995-96	Dance	Ralston	Abraham Lincoln		
1996-97	Dance	Gross Catholic	Ralston		

1997-98	Dance	Gross Catholic	Ralston	Denise Gehringer	
<b>YEAR</b>	<b>ACTIVITY</b>	<b>CHAMPION</b>	<b>RUNNER-UP</b>	<b>CHAMPION COACH</b>	<b>INDIVIDUAL</b>
1998-99	Dance	Ralston	Abraham Lincoln		
1999-00	Dance	Gross Catholic			
2000-01	Dance	Ralston	Skutt Catholic		
2001-02	Dance	Gross Catholic		Pam Gehringer	
2002-03	Dance	Gross Catholic		Pam Gehringer	
2003-04	Dance	Ralston			
2004-05	Dance	Gross Catholic		Denise Gehringer	
2005-06	Dance	Ralston			
2006-07	Dance	<b>No competition</b>			
2007-08	Dance	<b>No competition</b>			
2008-09	Dance	<b>No competition</b>			
2009-10	Dance	<b>No competition</b>			
1994-95	Music Clinic				
1995-96	Music Clinic				
1996-97	Music Clinic				
1997-98	Music Clinic				
1998-99	Music Clinic				
1999-00	Music Clinic				
2000-01	Music Clinic	<b>CANCELLED</b>			
2001-02	Music Clinic				
2002-03	Music Clinic	at Beatrice	Kelly Meyer	Bruce Greenwell	
2003-04	Music Clinic	<b>CANCELLED</b>			
2004-05	Music Clinic	at Beatrice	Dave Batter - Vocal	Jewells Banks - SSC	
2005-06	Music Clinic	at Ralston			
2006-07	Music Clinic	at Ralston			
2007-08	Music Clinic	CANCELLED			
2008-09	Music Clinic	Ralston			
2009-10	Music Clinic	Ralston	Marty Frye	Ryan Pivonka	
2010-11	Music Clinic				
2011-12	Music Clinic				
1995-96	Boy's Golf Season	Gross Catholic			

1996-97	Boy's Golf Season	Gross Catholic			
1997-98	Boy's Golf Season	Gross Catholic		Paul Halpine	
		South Sioux City		Ed Wiltgen	
		Skutt Catholic		Bob Brousek	
1998-99	Boy's Golf Season	Gross Catholic			
	Boy's Golf Season	Ralston			
1999-00	Boy's Golf Season	Beatrice			
2000-01	Boy's Golf Season	South Sioux City		Ed Wiltgen	
2001-02	Boy's Golf Season	South Sioux City		Ed Wiltgen	
2002-03	Boy's Golf Season	Beatrice		Dick Stuart	
2003-04	Boy's Golf Season	Beatrice		Dick Stuart	
2004-05	Boy's Golf Season	Gross Catholic		Tim Powers	
2005-06	Boy's Golf Season	Skutt Catholic		Curt Cyr	
2006-07	<b>Discontinued</b>				
<b>YEAR</b>	<b>ACTIVITY</b>	<b>CHAMPION</b>	<b>RUNNER-UP</b>	<b>CHAMPION COACH</b>	<b>INDIVIDUAL</b>
1994	Boy's Golf Tourney	Gross Catholic	Abraham Lincoln	Paul Halpine	Scott Gutshewski-Ralston
1995	Boy's Golf Tourney	South Sioux City	Ralston	Ed Wiltgen	Scott Gutshewski-Ralston
1996	Boy's Golf Tourney	Gross Catholic	South Sioux City		Tim Riha - Gross - 71
1997	Boy's Golf Tourney	Gross Catholic	South Sioux City		Tim Riha - Gross
1998	Boy's Golf Tourney	Gross Catholic - 306	South Sioux City	Paul Halpine	Sean Huck - Gross 73
1999	Boy's Golf Tourney	Gross Catholic	South Sioux City		
2000	Boy's Golf Tourney	Beatrice			
2001	Boy's Golf Tourney				
2002	Boy's Golf Tourney	Beatrice		Dick Stuart	
2003	Boy's Golf Tourney	Beatrice		Dick Stuart	
2004	Boy's Golf Tourney	Beatrice		Dick Stuart	
2005	Boy's Golf Tourney	Gross Catholic		Tim Powers	
2006	Boy's Golf Tourney	Skutt Catholic	Gross Catholic	Curt Cyr	EJ Hamilton - Gross Catholic
2007	Boy's Golf Tourney	Beatrice		Dick Stuart	
2008	Boy's Golf Tourney	Skutt Catholic	Beatrice	Dave Schweitzer	Ben Bolmeier, 12 Skutt Cath.
2009	Boy's Golf Tourney	Skutt Catholic		Dave Schweitzer	Ryan Healy, 11 Skutt Cath.
2010	Boy's Golf Tourney	Gross Catholic	Skutt Catholic	Tim Powers	Taylor Sidzyik 12, Gross Catholic
2011	Boy's Golf Tourney	Skutt Catholic 296	Gross Catholic	Duane Baylor	Ryan Rearick 69, 11 Skutt Cath.
2012	Boy's Golf Tourney				



2011	Baseball Tournament	<b>RAINED OUT</b>	<b>RAINED OUT</b>	<b>RAINED OUT</b>	
2012	Baseball Tournament				
1995-96	Girl's Tennis Season	Thomas Jefferson	Ralston		
1996-97	Girl's Tennis Season	Ralston	Thomas Jefferson	Dale Kinney	
1997-98	Girl's Tennis Season	Ralston	AL & TJ	Dale Kinney	
1998-99	Girl's Tennis Season	Skutt Catholic			
1999-00	Girl's Tennis Season	Skutt Catholic			
2000-01	Girl's Tennis Season	Skutt Catholic			
2001-02	Girl's Tennis Season	Beatrice		Amy Altman	
2002-03	Girl's Tennis Season	Skutt Catholic		Jeanne Wilkie	
2003-04	Girl's Tennis Season	Skutt Catholic		Sheryl Vaughn	
2004-05	Girl's Tennis Season	Beatrice		Phil Cook	
2005-06	Girl's Tennis Season	Skutt Catholic		Sheryl Vaughn	
2006-07	Girl's Tennis Season	Skutt Catholic		Sheryl Vaughn	
2007-08	Girl's Tennis Season	<b>Discontinued</b>			
1994	Girl's Tennis Tourney	South Sioux City	Ralston	John Schmidt	
1995	Girl's Tennis Tourney	Abraham Lincoln	Ralston	Jan Wild	
1996	Girl's Tennis Tourney	Thomas Jefferson	Abraham Lincoln	Mike Bond	
1997	Girl's Tennis Tourney	Abraham Lincoln	Thomas Jefferson	Jan Wild	
1998	Girl's Tennis Tourney	Ralston	Abraham Lincoln	Dale Kinney	
1999	Girl's Tennis Tourney	Skutt Catholic	Ralston	Kristen Reeves	
2000	Girl's Tennis Tourney	Skutt Catholic	Beatrice	Ray Belmudez	
2001	Girl's Tennis Tourney	Beatrice	Skutt Catholic	Amy Altman	
2002	Girl's Tennis Tourney	Duchesne & Beatrice		Nancy Bradshaw/Amy Altman	
2003	Girl's Tennis Tourney	Beatrice	Skutt Catholic	Amy Altman	
2004	Girl's Tennis Tourney	Skutt Catholic	Beatrice	Sheryl Vaughn	
2005	Girl's Tennis Tourney	Beatrice			
2006	Girl's Tennis Tourney	Skutt Catholic		Sheryl Vaughn	
2007	Girl's Tennis Tourney	Skutt Catholic	Duchesne Academy	Sheryl Vaughn	
2008	Girl's Tennis Tourney	Skutt Catholic	Duchesne Academy	Sheryl Vaughn	
2009	Girl's Tennis Tourney	Skutt Catholic	Beatrice	Sheryl Vaughn	
2010	Girl's Tennis Tourney	Skutt Catholic	Duchesne Academy	Sheryl Vaughn	
2011	Girl's Tennis Tourney	Skutt Catholic	Duchesne Academy	Sheryl Vaughn	
2012	Girl's Tennis Tourney				

YEAR	ACTIVITY	CHAMPION	RUNNER-UP	CHAMPION COACH	INDIVIDUAL
1996	Girl's Soccer Season	Ralston	Roncalli	John Walsh	
1997	Girl's Soccer Season	Skutt Cath. & Roncalli Cath.		Rob Meyers & John Carlson	
1998	Girl's Soccer Season	Ralston	Skutt Catholic	John Walsh	
1999	Girl's Soccer Season	Skutt Catholic	Ralston	Rob Meyers	
2000	Girl's Soccer Season	Skutt Catholic	Ralston	John Carlson	
2001	Girl's Soccer Season	Skutt Catholic	Ralston	John Carlson	
2002	Girl's Soccer Season	Ralston		John Walsh	
2003	Girl's Soccer Season	Ralston		John Walsh	
2003	Girl's Soccer Season	Skutt Catholic		John Carlson	
2004	Tri-Girl's Soccer Season	Duchesne		Julio Machuca	
2004	Tri-Girl's Soccer Season	Ralston		John Walsh	
2004	Tri-Girl's Soccer Season	Skutt Catholic		John Carlson	
2005	Girl's Soccer Season	<b>NO CHAMPION - Weather</b>	<b>NO CHAMPION - Weather</b>	<b>NO CHAMPION - Weather</b>	
2006	Girl's Soccer Season	<b>None awarded</b>			
2007	Girl's Soccer Season	Ralston-Skutt Catholic		Andy Parizek & John Carlson	
2008	Girl's Soccer Season	Skutt Catholic		John Carlson	
2009	Girl's Soccer Season	Skutt Catholic	Duchesne	John Carlson	
2010	Girl's Soccer Season	Skutt Catholic	Beatrice	John Carlson	
2011	Girl's Soccer Season	Skutt Catholic		John Carlson	
2012	Girl's Soccer Season				
1995	Girl's Soccer Tourney	Gross Catholic	Roncalli Catholic	Jim Homan	
1996	Girl's Soccer Tourney	Roncalli	Ralston	John Carlson	
1997	Girl's Soccer Tourney	Roncalli	Skutt Catholic	John Carlson	
1998	Girl's Soccer Tourney	Ralston	Skutt Catholic	John Walsh	
1999	Girl's Soccer Tourney	Ralston	Roncalli	John Walsh	
2000	Girl's Soccer Tourney	Skutt Catholic	Gross Catholic	John Carlson	
2001	Girl's Soccer Tourney	Skutt Catholic	Ralston	John Carlson	
2002	Girl's Soccer Tourney	<b>RAINED OUT</b>	<b>RAINED OUT</b>	<b>RAINED OUT</b>	
2003	Girl's Soccer Tourney	Skutt Catholic	Ralston	John Carlson	
2004	Girl's Soccer Tourney	Ralston	Skutt Catholic	John Walsh	
2005	Girl's Soccer Tourney	Skutt Catholic	Beatrice	John Carlson	
2006	Girl's Soccer Tourney	Skutt Catholic	Ralston	John Carlson	
2007	Girl's Soccer Tourney	Skutt Catholic	Gross Catholic	John Carlson	
2008	Girl's Soccer Tourney	Skutt Catholic	Gross Catholic	John Carlson	
2009	Girl's Soccer Tourney	Skutt Catholic	Ralston	John Carlson	

2010	Girl's Soccer Tourney	Skutt Catholic	Beatrice	John Carlson	
2011	Girl's Soccer Tourney	Skutt Catholic	Duchesne	John Carlson	
2012	Girl's Soccer Tourney				
1995-96	Boy's Soccer Season	Abraham Lincoln	Roncalli Catholic	Jim Cunningham	
1996-97	Boy's Soccer Season	Roncalli Catholic	Gross Catholic	Dave Miller	
1997-98	Boy's Soccer Season	Skutt Catholic	Ralston	Paul Bangura	
1998-99	Boy's Soccer Season	Roncalli Catholic		Dave Miller	
1999-00	Boy's Soccer Season	Skutt Catholic		Paul Bangura	
2000-01	Boy's Soccer Season	Skutt Catholic		Paul Bangura	
<b>YEAR</b>	<b>ACTIVITY</b>	<b>CHAMPION</b>	<b>RUNNER-UP</b>	<b>CHAMPION COACH</b>	<b>INDIVIDUAL</b>
2002	Boy's Soccer Season	Skutt Catholic		Paul Bangura	
2003	Boy's Soccer Season	Skutt Catholic		Paul Bangura	
2004	Boy's Soccer Season	Skutt Catholic		Paul Bangura	
2005	Boy's Soccer Season	Skutt Catholic		Paul Bangura	
2006	Boy's Soccer Season	<b>None awarded</b>			
2007	Boy's Soccer Season	South Sioux City		Marla Grier	
2008	Boy's Soccer Season	Skutt Catholic	South Sioux City	Paul Bangura	
2009	Boy's Soccer Season	South Sioux City	Skutt Catholic	Marla Grier	
2010	Boy's Soccer Season	South Sioux City	Skutt Catholic	Marla Grier	
2011	Boy's Soccer Season	Ralston	Skutt Catholic	Scott Koel	
2012	Boy's Soccer Season				
1995	Boy's Soccer Tourney	Ralston	Abraham Lincoln		
1996	Boy's Soccer Tourney	Abraham Lincoln	Gross Catholic	Jim Cunningham	
1997	Boy's Soccer Tourney	Gross Catholic	Roncalli Catholic	Duane Thome	
1998	Boy's Soccer Tourney	Ralston	Skutt Catholic	Andy Parizek	
1999	Boy's Soccer Tourney	Roncalli	TJ	Dave Miller	
2000	Boy's Soccer Tourney	Gross Catholic		Duane Thome	
2001	Boy's Soccer Tourney	Skutt Catholic		Paul Bangura	
2002	Boy's Soccer Tourney	Skutt Catholic	South Sioux City	Paul Bangura	
2003	Boy's Soccer Tourney	Skutt Catholic	Roncalli Catholic	Paul Bangura	
2004	Boy's Soccer Tourney	Skutt Catholic	Roncalli Catholic	Paul Bangura	
2005	Boy's Soccer Tourney	Skutt Catholic	Beatrice	Paul Bangura	
2006	Boy's Soccer Tourney	South Sioux City	Skutt Catholic	Marla Grier	

2007	Boy's Soccer Tourney	South Sioux City	Skutt Catholic	Marla Grier	
2008	Boy's Soccer Tourney	Skutt Catholic	South Sioux City	Paul Bangura	
2009	Boy's Soccer Tourney	South Sioux City	Skutt Catholic	Marla Grier	
2010	Boy's Soccer Tourney	South Sioux City	Skutt Catholic	Marla Grier	
2011	Boy's Soccer Tourney	South Sioux City	Skutt Catholic	Marla Grier	
2012	Boy's Soccer Tourney				
1994	Girl's Track	Ralston	South Sioux City	Chuck Wallerstedt	
1995	Girl's Track	Ralston	South Sioux City	Chuck Wallerstedt	
1996	Girl's Track	Ralston	South Sioux City	Chuck Wallerstedt	
1997	Girl's Track	South Sioux City	Ralston		
1998	Girl's Track	Ralston	South Sioux City	Chuck Wallerstedt	
1999	Girl's Track	South Sioux City	Beatrice		
2000	Girl's Track	Abraham Lincoln			
2001	Girl's Track				
2002	Girl's Track	Beatrice		Dennis Coudeyras	
2003	Girl's Track	Beatrice		Dennis Coudeyras	
2004	Girl's Track	Beatrice		Dennis Coudeyras	
2005	Girl's Track	Ralston		Kim Brockhaus	
2006	Girl's Track	Ralston		Kim Brockhaus	
2007	Girl's Track	Ralston		Kim Brockhaus	
2008	Girl's Track	Beatrice	Roncalli/Duchesne	Missy Mahoney	
2009	Girl's Track	Beatrice	Roncalli/Duchesne	Missy Mahoney	
2010	Girl's Track	Beatrice	Skutt Catholic	Missy Mahoney	
2011	Girl's Track	Beatrice	Roncalli/Duchesne	Missy Mahoney	
2012	Girl's Track				
<b>YEAR</b>	<b>ACTIVITY</b>	<b>CHAMPION</b>	<b>RUNNER-UP</b>	<b>CHAMPION COACH</b>	<b>INDIVIDUAL</b>
1994	Boy's Track	Ralston	South Sioux City	Gary Dubbs	
1995	Boy's Track	Ralston	South Sioux City	Gary Dubbs	
1996	Boy's Track	Ralston	Thomas Jefferson	Gary Dubbs	
1997	Boy's Track	Ralston	Thomas Jefferson	Gary Dubbs	
1998	Boy's Track	Thomas Jefferson	South Sioux City	Bob Nielsen	
1999	Boy's Track	Beatrice	Thomas Jefferson	Bob Sexton	
2000	Boy's Track	Beatrice		Bob Sexton	
2001	Boy's Track				
2002	Boy's Track	South Sioux City		Steve Shadle	

2003	Boy's Track	Beatrice		Andy Widhalm	
2004	Boy's Track	Beatrice		Arnie Cerny/Jared Salazar	
2005	Boy's Track	Beatrice		Arnie Cerny/Jared Salazar	
2006	Boy's Track	Beatrice		Arnie Cerny/Jared Salazar	
2007	Boy's Track	Ralston		Tyler Zahn	
2008	Boy's Track	Ralston	Beatrice	Tyler Zahn	
2009	Boy's Track	Beatrice	Ralston	Arnie Cerny	
2010	Boy's Track	Beatrice	Ralston	Arnie Cerny	
2011	Boy's Track	Beatrice	Skutt Catholic	Arnie Cerny	
2012	Boy's Track				



